



Starting Strong Workshop for kids ages 3-5 together with their adults

Saturday, March 24

9:00 - 9:50am

Larkspur

Enjoy an introduction to People Safety Skills with your young child. Help your child learn how to handle a friend saying something mean, check first before touching something unsafe, move away from someone throwing sand or doing something else that could be hurtful, and get help from you effectively, even when you are busy. A few simple but powerful skills help kids notice, stop, and get help with potential safety problems like these and many others.

Through storytelling, puppets, and interactive role-plays, children 3-5 and their adults will be introduced to age-appropriate ways young people can:

- **Check first with adults if things seems unsafe**
- **Stop unwanted touch**
- **Be safe with hurtful words**
- **Set strong boundaries**
- **Use their voice as a safety tool**
- **Get help from busy adults**
- **Move out of reach of a potential problem**
- **Say 'No' or 'Stop' clearly and respectfully**



This workshop is appropriate for children 3-5 who:

- * are comfortable in a group of other children
- * are comfortable following directions from a teacher
- * enjoy sitting for 10-15 minutes for interactive presentations, like a library story hour

Older siblings may also enroll, but the examples and stories will be geared to younger children

This tailored workshop is a service of



the nonprofit leader in "People Safety"
skills education for all ages & abilities.

To enroll a child in this workshop, arranged by the Larkspur Recreation Department but open to registration from the general public, contact Larkspur Recreation at (415) 927-6746 or at lk_recreation@cityoflarkspur.org. Refer to Course Code 3917. The \$25 fee for this workshop includes a Kidpower Safety Plan Comic (\$10 value).

Please contact Kidpower at (800) 467-6997 ext. 1# with questions about class content, our educational resources, or about our public or privately arranged workshops for people of all ages and abilities.