

# kidpower™

## Parent-Child Workshops for kids ages 4-8 and their parents

*"I was afraid to talk to my children about the bad things that other people might do to them. I didn't want to scare them or destroy their trust. Your workshop gave us a common language for working on what my kids need to know in a way which was empowering for all of us - and, to my great surprise, it was fun!"*

*"The second grade teacher said that our daughter suddenly became able to set boundaries with her friends in a very sweet way."*



This entertaining program gives parents or other adult guardians the opportunity to learn along with their young children. The sooner we can teach our children basic self-protection skills, the safer they will be. Trained Kidpower presenters will introduce the Everyday Safety Skills of being and acting aware, taking charge, and getting help. Each step of the way, adults will be coached in how to practice these skills with their children in an age-appropriate, upbeat way.

### **Children and Adults Together Learn To:**

- Be and act aware
- Project an attitude of confidence
- Set appropriate boundaries with people they know
- Create safety zones with strangers when out on their own
- Act responsibly while respecting others
- Deal effectively with bullying and harassment
- Persist until they get help, especially with people in authority

**To register for a public workshop call (800) 467-6997 or email [safety@kidpower.org](mailto:safety@kidpower.org). There is a fee for the workshop, however no one will be turned away for lack of funds.**

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**To arrange a private workshop for your school, organization, or community group, please call Alex White at (800) 467-6997 x3# or [alex@kidpower.org](mailto:alex@kidpower.org)**