



The Children's Aid Society  
**Rhineland Children's Center**  
350 East 88<sup>th</sup> Street; New York, NY 10128  
Phone: (212) 876-0500; Fax: (212) 876-9718  
[www.rhinelandcenter.org](http://www.rhinelandcenter.org)

November 1, 2009

To Whom It May Concern,

On October 25, Kidpower presented a workshop for the participants of the Saturday Program for Deaf and Hard of Hearing Children. Our program caters to Deaf children from disadvantaged socio-economic backgrounds throughout New York City. Many of our older children, especially those entering adolescence, have encountered dangerous situations in their home communities. Their deafness, unfortunately, only exacerbates these dangers.

Dmitri, our Kidpower instructor, taught our participants how to handle several potentially unsafe situations. They learned how to read body language, how to communicate confidence through gait, stance and breathing, and how to request help non-verbally. Dmitri also taught them basic self-defense methods in a way that empowered rather than frightened the younger children. The workshop relied heavily on role-play and movement, which kept our participants engaged and interested.

The Saturday Program works with a very unique and diverse population. In preparation for the workshop, Dmitri worked closely with our program staff to tailor the workshop to the needs of all our participants. The children really enjoyed the program, and their parents really appreciated the subject matter. Several parents approached us after the program to thank us for providing such a useful and pertinent workshop. We are extremely pleased with our experience partnering with Kidpower and would love to work with them again in the future.

Please do not hesitate to contact me if you have any questions. I can be reached at (212) 876-0500 or by email at [sulingm@childrensaidsociety.org](mailto:sulingm@childrensaidsociety.org). For more information about the Saturday Program, please visit [www.rhinelandcenter.org/programs/saturdays](http://www.rhinelandcenter.org/programs/saturdays).

Thank you,  
Suling Miller  
Program Coordinator  
Saturday Program