



## Thousands more gained skills to be safe and thrive in 2025!

In 2025, the need for safety did not slow down — and neither did the dedication of our instructors, centers, staff, board, donors, and volunteers.

Step by step, we are working together to create universal literacy in child protection, personal safety, and positive communication skills for families, schools, workplaces, and communities across the US and around the world.

Please join us in 2026 to help replace stories of suffering, despair, and failure with stories of wellbeing, joy, and success!



Irene van der Zande  
Founder and Executive Director

## Changing Lives - A Skill at a Time!



**53,115**

people gained powerful skills

**1,277**

workshops benefited communities in the US and globally

**243,053**

people accessed our child protection and personal safety resources online

Your support means that cost is never a barrier to safety.



## Corporate Sponsors – Investing in Safety!

We are able to serve children, families, individuals with disabilities, and other vulnerable people in need thanks to our generous corporate funders, including:

**HONDA**  
Honda USA Foundation



**HITACHI**

**COSTCO**  
WHOLESALE

**Burlington Stores**  
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**Dr. Scholl**  
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**MENTOR**  
Network

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## Foundation Spotlight: Helping the most vulnerable!

*At the end of an online workshop for immigrant parents, I was especially moved when one woman turned her camera on at the end to say thank you. Then, I could see she was in the middle of cleaning a hotel room. She was so committed to keeping her kids safe that she was listening to the workshop while she was working!*

- Instructor Ana Fernanda Uribe



This mother, her family, and thousands of other children, teens, and adults are safer thanks to the many years of **generous support the Community Foundation for Monterey County** has given to Kidpower.

Here for Good  
**Community**  
Foundation  
for Monterey County

## Partners in Protection

The educators, therapists, social workers, doctors, parents, volunteers, and organizations who use Kidpower to protect people in their communities have created an **exponential impact on safety and wellbeing** — growing from just 8 children reached in 1989 to more than 10 million people worldwide today.

Dr. Abby Bleistein is one powerful example. For over two decades, she has integrated Kidpower skills and resources into her practice, shared them with colleagues, presented at conferences, and spoken with the media — **reaching more than 10,000 people through her efforts alone.**

### PARTNER SPOTLIGHT

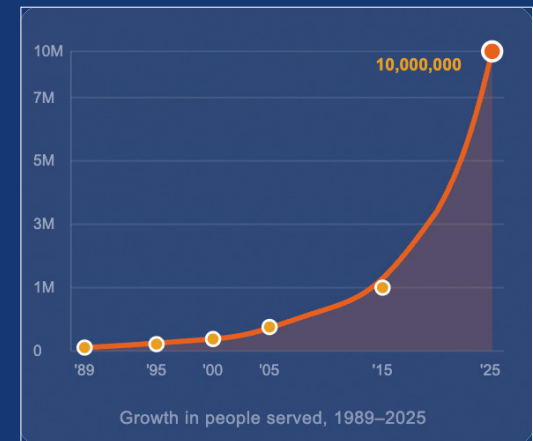


## Dr. Abby Bleistein

Dr. Abby Bleistein is a Kidpower International Board Member and a medical doctor board-certified in Internal Medicine, Pediatrics, and Obesity Medicine. Dr. Abby is the founder and owner of Healthful Life MD.

### OUR REACH & IMPACT

SINCE 1989  
Kidpower has served  
**10 Million+**  
people worldwide



**10,000**  
people reached  
by Dr. Abby alone



# Judah's Story

## CASE STUDY

In December 2025, six-year-old Judah got to meet Mickey and Minnie Mouse at Disney World. When Mickey reached out for a hug, Judah confidently used Kidpower strategies he learned from his parents!

He cheerfully said, **“No, thanks! I don’t hug strangers!”** Then, he asked to pose for a picture to remember this special moment with Mickey and Minnie - who BOTH respected his boundaries!

This is what’s possible when kids learn that being kind doesn’t mean accepting unwanted touch. And that **they can say NO to someone they care about and still feel loved.**

Every day, children like Judah are using Kidpower skills to be safe and to thrive - and can use them for the rest of their lives!



### KIDPOWER SKILL

Your body belongs to you. You can speak up about unwanted touch, even with people you love.

## What We Do

### OUR MISSION

As the **global nonprofit leader in emotional and personal safety education**, Kidpower Teenpower Fullpower International teaches skills to promote healthy relationships and to protect children, teens, and adults from bullying, cyberbullying, sexual abuse, abduction, assault, harassment, domestic and dating violence, and human trafficking.

We serve **families, schools, organizations, workplaces, and communities worldwide** — tailoring our programs to include those most in need because of disabilities, prejudice, mental health challenges, poverty, and other life challenges.

### STUDENT SPOTLIGHT

*Kidpower has empowered me throughout my life to always stand up for myself, even in the hardest situations. I have faced a lot of trauma, and Kidpower skills have helped me stay strong, protect my mental health, stand up for myself in situations where I felt like I was surrounded, and advocate for myself - especially in college. Kidpower has given me the skills to become the strong adult with the strong backbone that I am today!*



*Tsion Cruzat*

*College student with a lifetime of Kidpower experience*

### ISSUES WE ADDRESS

Bullying & Cyberbullying

Sexual Abuse

Abduction

Human Trafficking

Domestic Violence

Dating Violence

Harassment

Assault

Child Abuse

Online Safety



# Safety at any distance

## ONLINE LEARNING

The Safetypowers Learning Center puts our expertise into the hands of everyone with an internet connection! In 2025, our catalogue included 80 self-paced courses and publications for educators, therapists, employers, health care providers, parents/caregivers, and adults of all ages.



## LINDA'S STORY

Linda Brooks, who is blind and serves on our Workpower Advisory Council, says this about how Kidpower skills have improved her life:

*I have been losing my vision for years. Now that I use a cane, strangers give me a LOT of unwanted attention. Often, they grab, push, and try to move or steer me without talking to me. People yell directions and offer unwanted help in ways that feel intrusive.*

*I felt so much anger and resentment in these situations, even when I knew people really didn't mean harm. My reactions would make things even worse. Now, with Safetypowers skills, I speak up confidently in the moment, and I persist until people listen. I'm prepared to manage my triggers so I don't say rude things myself! Most importantly, I use my Emotional Safety Screen to protect my feelings.*



*Thanks to my training, unpleasant experiences like these no longer steal my joy.*

*It's like Safetypowers gave me some of my life back!*

– Linda Brooks



## Shusma's Story

*In my 25-year career of working with NGOs that provide human rights and child protection in Nepal, I kept seeing that awareness, relief services, and policies alone are NOT ENOUGH. Vulnerable people, especially children and women, also need safety, advocacy, and self-defense skills!*

*This is why we established Kidpower Nepal as an NGO in 2020. Since then, we have taught these skills to over 10,000 children and educators in very remote municipalities where the need is the greatest. The 800 teachers we have trained so far have already taught Kidpower skills to an additional 10,000 students in 2025.*

*In every class we teach, we see right away how our students become so much safer and more confident. Young people tell us, 'Now I know WHAT to say and do if someone tries to harm me. Now I know HOW to get away from trouble and get help.'*

*Their adults tell us, 'We need this training! Please teach us so we can prepare our children to make wise choices, have safe relationships, and escape from danger!'*

*Our work here is possible thanks to the ongoing training and support we receive from Kidpower International.*

– Shusma Pokhrel



## KIDPOWER NEPAL

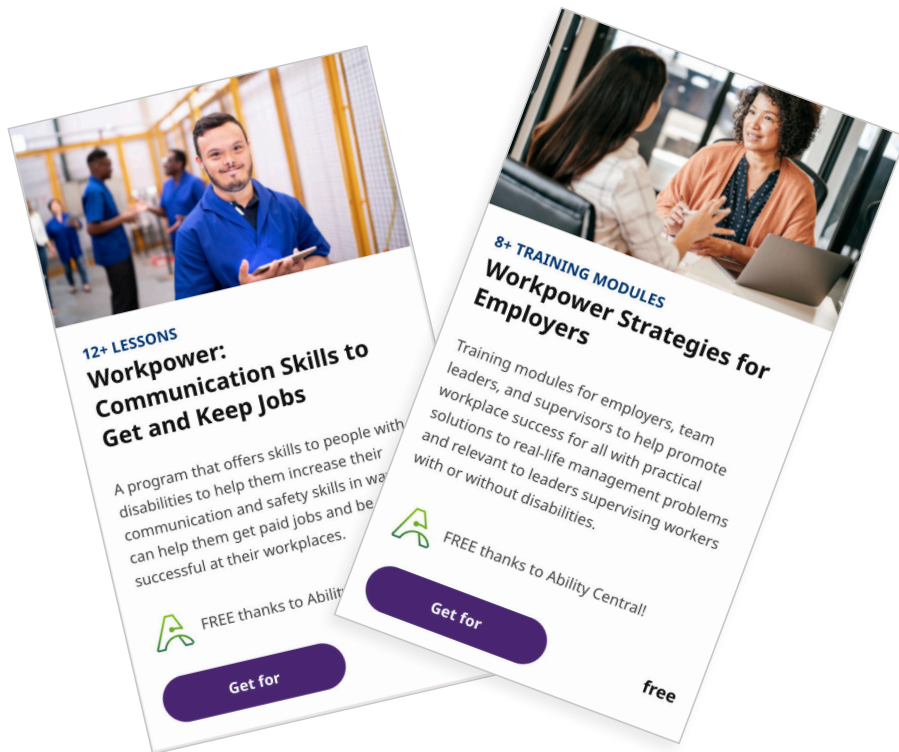
Shusma Pokhrel, our Kidpower Center Director for Nepal, is an inspiring trainer and powerful leader.





## Skills for success and safety!

Ability Central's generous funding has supported extensive training programs reaching almost 8,000 individuals with disabilities, including the creation of these three video courses: *Safetypowers Skills for People With Disabilities*, *Workpower Skills for Getting and Keeping Jobs*, and *Workpower Leadership and Communication Strategies for Employers*.



# workpower™

*Ability Central is extremely proud of our partnership in creating the unique Workpower Strategies for Employers training program. In my personal experience in leading and consulting with a wide range of companies and organizations, I know how essential these communication and leadership skills are in ensuring greater workplace success for everyone.*

*These compelling training video modules are of great value for supervisors, HR departments, and job coaches in preventing and solving performance problems with their employees of different strengths, personalities, and abilities.*

– Griffen Stapp



ABILITY  CENTRAL

*Sharing ideas, improving access.*

*Griffen Stapp, Ability Central Executive Director*

# Let's Do More in 2026!

## SUPPORT OUR MISSION

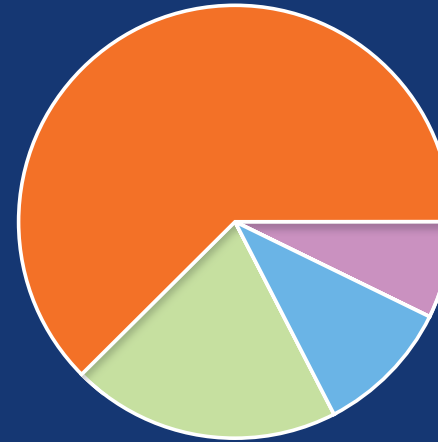
People like you make it possible for children and vulnerable adults to learn skills for taking charge of their safety and wellbeing!

[Donate Now](#)



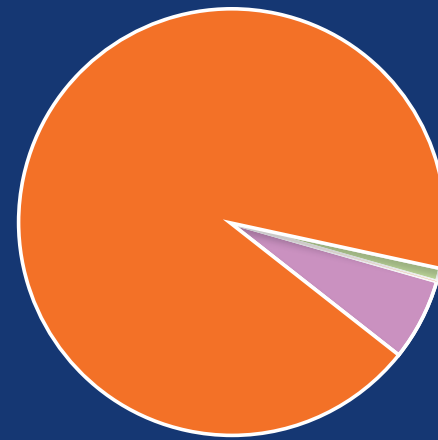
[Learn more](#)

# Making Every Dollar Count!



## Sources of revenue:

- Grants, 62.5%
- Donors, 20%
- Fees, 10.2%
- Other, 7.3%



## Expenses:

- Services, 92.8%
- Administration, 6.2%
- Fundraising, 1%



TOP RATED SINCE 2012

## Our foundation donors

Kidpower International is deeply grateful for the generous support of the foundations whose grants make it possible to bring vital safety education, anti-bullying resources, and life-changing scholarships to children and adults in communities around the world.

Ability Central

Bay Federal

Bella Vista Foundation

Brinker International Giving

Britt George Foundation

Cinelli Family Foundation

Common Spirit Dominican

Community Foundation for Monterey  
County

Deacon Charitable Foundation

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Foundation for Developmental Disabilities

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Harden Foundation

Insurance Industry Charitable Foundation

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Lowell Berry Foundation

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Foudation Santa Cruz County

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