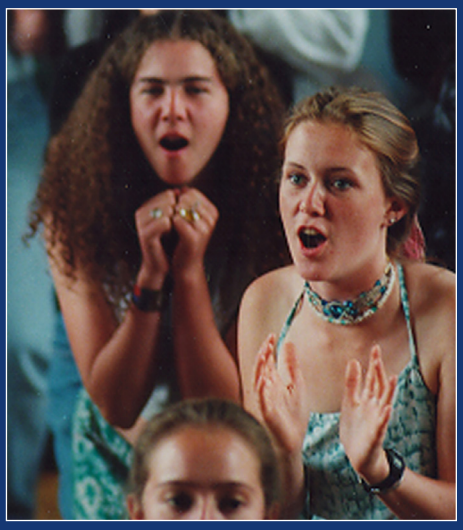







# kidpower® INTERNATIONAL

**Preventing Trauma, Protecting Lives**

# 2026 IMPACT REPORT

# Skills for a Lifetime of Safety and Confidence

First of all, thank you. Our organization would not exist without the dedication and support of people like you. Kidpower is a tapestry woven of many different threads by many different hands – made by people just like YOU!

These are skills I wish I had had as a child, as an adventurous young woman going out in the world, and as a mother.

I am so grateful to witness the light that goes on each time we teach a skill and a student says, "I just found a power inside myself I didn't know I had." We want everyone everywhere to have these skills.

Please join us to help replace stories of suffering, despair, and failure with stories of well-being, joy and success!



Irene van der Zande
Founder and Executive Director

## Changing Lives - A Skill at a Time!

**53,115**
**people gained** powerful skills

**1,277**
**workshops benefited** communities in the US and globally

**243,053**
**people accessed** our child protection and personal safety resources online

The above numbers are from our FY2025-2026 statistics for direct services.

## Corporate Sponsors – Investing in Safety!

We are able to serve children, families, individuals with disabilities, and other vulnerable people in need thanks to our generous corporate funders, including:

HONDA
Honda USA Foundation

IN-N-OUT BURGER FOUNDATION
Hope & Change for Young Lives

HITACHI

COSTCO WHOLESALE

Burlington Stores FOUNDATION

Dr. Scholl Foundation

Google

READER'S DIGEST PARTNERS FOR SIGHT FOUNDATION

SIJO

Driscoll's
Only the Finest Berries™

The MENTOR Network

KAISER PERMANENTE®

## Foundation Spotlight: Helping the most vulnerable!

*At the end of an online workshop for immigrant parents, I was especially moved when one woman turned her camera on at the end to say thank you. Then, I could see she was in the middle of cleaning a hotel room. She was so committed to keeping her kids safe that she was listening to the workshop while she was working!*

*- Instructor Ana Fernanda Uribe*

Here for Good
Community Foundation
for Monterey County

The mother in this story, her family, and thousands of other children, teens, and adults are safer thanks to the many years of **generous support the Community Foundation for Monterey County** has given to Kidpower.

# Judah's Story

Last year, six-year-old Judah got to meet Mickey and Minnie Mouse at Disney World. When Mickey reached out for a hug, Judah confidently used Kidpower strategies he learned from his parents!

He cheerfully said, **"No, thanks! I don't hug strangers!"** Then, he asked to pose for a picture to remember this special moment with Mickey and Minnie - who BOTH respected his boundaries!

This is what's possible when kids learn that being kind doesn't mean accepting unwanted touch. And that **they can say NO to someone they care about and still feel loved.**

Every day, children like Judah are using Kidpower skills to be safe and to thrive - and can use them for the rest of their lives!



**KIDPOWER SKILL**

Your body belongs to you. Other people's bodies belong to them.

It is important to speak up about unwanted touch, even with people you love.

# The Ripple Effect

PARTNER SPOTLIGHT

## Dr. Abby Bleistein

The educators, therapists, social workers, doctors, parents, volunteers, and organizations who use Kidpower to protect people in their communities have created an **exponential impact on safety and wellbeing** — growing from just 8 children reached in 1989 to more than 10 million people worldwide through our programs, educational resources, and partnerships.

Dr. Abby Bleistein is one powerful example. For over two decades, she has integrated Kidpower skills and resources into her practice, shared them with colleagues, presented at conferences, and spoken with the media — **reaching more than 10,000 people through her efforts alone.**



OUR REACH & IMPACT

**Every caring adult who learns and then teaches skills can increase the safety of countless people.**



Dr. Abby Bleistein is a Kidpower International Board Member and a medical doctor board-certified in Internal Medicine, Pediatrics, and Obesity Medicine. Dr. Abby is the founder and owner of Healthful Life MD.

**10,000**
**people reached**
by Dr. Abby alone

# What We Do

## OUR MISSION

Kidpower Teenpower Fullpower International is committed to teaching skills to:

- promote healthy relationships that reduce isolation and protect mental health.
- protect children, teens, and adults from bullying, harassment, sexual abuse, abduction, assault, domestic violence, and human trafficking – in person and online.

We serve families, schools, organizations, workplaces, and communities world-wide — tailoring our programs to be effective and relevant for people of all ages, abilities and walks of life.

## A MOTHER'S STORY

*When a kid at school said something cruel to my child, we knew how to use our Kidpower skills at home to deal with the hurt and fear their words caused, and how to speak up if it happened again. I remember what it was like to be my daughter's age and how scared and alone I felt when kids said mean things to me. I never knew what to do.*

*I can't express how thankful I am that my daughter is having such a different experience than me. Instead of feeling helpless, she feels confident because she knows what to do! And, as a mom, I know how to support her.*



*Antonie Del Bonta*
*Grateful Mom and Kidpower Instructor*

Kidpower skills are simple to learn and incredibly effective. Even just a few minutes of practice can make a tremendous difference in the lives of children and adults alike.

# Safety at any Distance

## ONLINE LEARNING

The Safetypowers Learning Center puts our expertise into the hands of everyone with an internet connection!

With hundreds of live online workshops, self-paced video courses, and educational publications, we offer specialized collections for educators, mental health professionals, parents/caregivers, and employers.




## LINDA'S STORY

Linda Brooks, who is blind and serves on our Workpower Advisory Council, says this about how Kidpower skills have improved her life:

*I have been losing my vision for years. Now that I use a cane, strangers give me a LOT of unwanted attention. Often, they grab, push, and try to move or steer me without talking to me. People yell directions and offer unwanted help in ways that feel intrusive.*

*I felt so much anger and resentment in these situations, even when I knew people really didn't mean harm. My reactions would make things even worse. Now, with Safetypowers skills, I speak up confidently in the moment, and I persist until people listen. I'm prepared to manage my triggers so I don't say rude things myself! Most importantly, I use my Emotional Safety Screen to protect my feelings.*



***Thanks to my training, unpleasant experiences like these no longer steal my joy. It's like these skills gave me some of my life back!***

***– Linda Brooks***

# Shusma's Story

*In my 25-year career of working with NGOs that provide human rights and child protection in Nepal, I kept seeing that awareness, relief services, and policies alone are NOT ENOUGH. Vulnerable people, especially children and women, also need safety, advocacy, and self-defense skills!*

*This is why we established Kidpower Nepal as an NGO in 2020. Since then, we have taught these skills to over 10,000 children and educators in very remote municipalities where the need is the greatest. The 800 teachers we have trained so far have already taught Kidpower skills to an additional 10,000 students.*

*In every class we teach, we see right away how our students become so much safer and more confident. Young people tell us, 'Now I know WHAT to say and do if someone tries to harm me. Now I know HOW to get away from trouble and get help.'*

*Their adults tell us, 'We need this training! Please teach us so we can prepare our children to make wise choices, have safe relationships, and escape from danger!'*

*Our work here is possible thanks to the ongoing training and support we receive from Kidpower International.*

*– Shusma Pokhrel*

**KIDPOWER NEPAL**

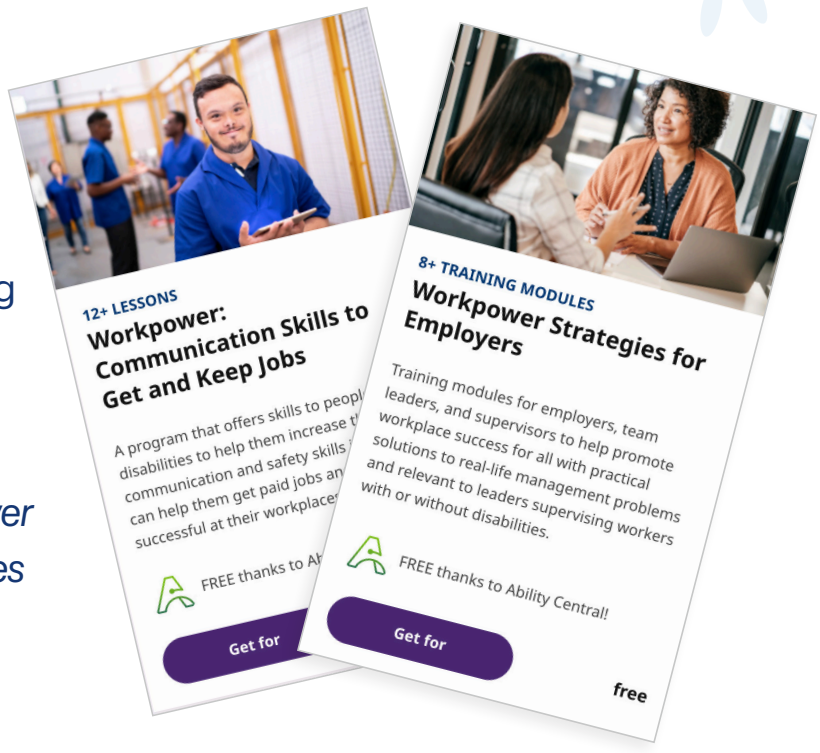
Shusma Pokhrel, our Kidpower Center Director for Nepal, is an inspiring trainer and powerful leader.





# Skills for Workplace Success!

Ability Central's generous funding has supported extensive training programs reaching **more than 8,500 individuals with disabilities,** including the creation of these three video courses: *Safetypowers Skills for People With Disabilities, Workpower Skills for Getting and Keeping Jobs,* and *Workpower Leadership and Communication Strategies for Employers.*




workpower™

*Ability Central is extremely proud of our partnership in creating the unique Workpower Strategies for Employers training program. In my personal experience in leading and consulting with a wide range of companies and organizations, I know how essential these communication and leadership skills are in ensuring greater workplace success for everyone.*

*These compelling training video modules are of great value for supervisors, HR departments, and job coaches in preventing and solving performance problems with their employees of different strengths, personalities, and abilities.*

*– Griffen Stapp*



***Griffen Stapp,***
***Ability Central***
***Executive Director***

ABILITY CENTRAL
*Sharing ideas, improving access.*

# Help Us Prevent Trauma and Protect Lives

## Most bullying, abuse, and violence can be prevented!

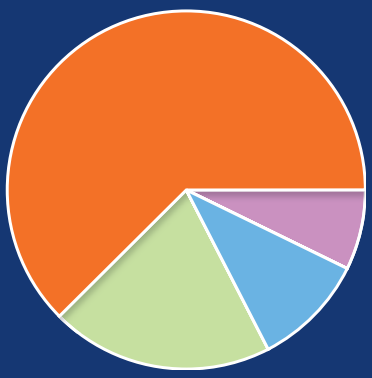
Learn how Kidpower's child protection, personal safety, and positive communication skills can benefit you, people important to you, and causes you care about!

**Kidpower.org/Learn-more**

Please join us by making a donation today!
**Kidpower.org/Donate**




# Making Every Dollar Count!



**Sources of revenue:**

- Grants, **62.5%**
- Donors, **20%**
- Fees, **10.2%**
- Other, **7.3%**



**Expenses:**

- Services, **92.8%**
- Administration, **6.2%**
- Fundraising, **1%**

GREATNONPROFITS 2026 TOP-RATED NONPROFIT
TOP RATED SINCE 2012

Charity Navigator
FOUR-STAR
2026

Platinum Transparency 2026
Candid.
Formerly Guidestar



US Federal Tax ID /
Employer Identification Number (EIN) 77-0226712

# Our Foundation Donors

Kidpower International is deeply grateful for the generous support of the foundations whose grants make it possible to bring vital safety education, anti-bullying resources, and life-changing scholarships to children and adults in communities around the world.

Ability Central
Bay Federal
Bella Vista Foundation
Brickyard Berridge Fund
Britt George Foundation
BRT Charitable Foundation
BW Bastian Foundation
Cinelli Family Foundation
Common Spirit Health Foundation Community Foundation for Monterey County
Deacon Charitable Foundation
Dean and Margaret Lesher Foundation
Dermody Properties Foundation
Designer Brands
Foundation for Developmental Disabilities
Gamma Mu Foundation
Goodwin Family Memorial Trust
Harden Foundation
Insurance Industry Charitable Foundation
Jim and Kathy Hackett Family Foundation
Lowell Berry Foundation
Montage Health
Mission City Community Fund
Open Horizon Foundation
Palo Alto Community Fund
Peninsula Community Foundation
Robert Holgate Philanthropic Fund, Horizons Foundation
Robert Stephens Fund, Community Foundation Santa Cruz County
The Rosendin Foundation
The Rubel-Holgate Family Fund, Horizons Foundation
Safeway Foundation
Smart and Final Charitable Foundation
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Stanley S. Langendorf Foundation
Sundt Foundation
Tom and Nancy Driscoll Foundation
Walmart Foundation




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