Kidpower® Starting Strong

Safety Skills Workshop Series Online for Kids 3-7 & their Adults
led by experienced Kidpower instructors in partnership with Outschool

Through social stories, games, and puppet demonstrations, children 3-7 and their adults will learn and practice Kidpower skills including:

- **Awareness Power & Move Away Power**
  to notice and move away from trouble

- **Calm Down Power, Mouth Safe Power, & Hands Down Power**
  to act safely with your body and words

- **Trash Can Power**
  to protect your feelings, throw away hurting words, and take in kindness

- **Check First Power**
  to talk with adults before you change your plan about what you are doing, who is with you, and where you are going

- **Wait Power.... & when to Interrupt to Get Help**
  so adults know when you have a safety problem that can't wait

- **Speak Up Power**
  to set respectful and powerful boundaries

- **Listening Power**
  to respect the boundaries of others

You’ll also learn the Kidpower Safety and Consent Rules about touch, games, and attention for fun, play, and affection - including what is and is not a child's choice

Learn more & register: https://bit.ly/3h1j648

To learn more about Kidpower online workshops, visit kidpower.org or email safety@kidpower.org

Kidpower is recommended by experts and parents worldwide for being FUN, hands-on, experiential, effective, age-appropriate, emotionally safe, relevant for different cultures, & adapted for individual needs. This workshop will be adapted for the participants based on the needs expressed by the enrolling adults.