



## Parent-Child Workshop for kids ages 5-8 Saturday, Aug 11 10:30am - 12:30pm Berkeley

In this active, upbeat workshop, families practice using “People Safety” skills in everyday life situations familiar to young children. People Safety skills help prevent problems with peers, family, and strangers. The skills can help kids feel safe and confident dealing with strangers and with people they know, too. People Safety skills also help strengthen important relationships by improving communication.

Using games, role-plays, and stories relevant to younger children, we'll practice skills to:

- **Be and act aware and confident**
- **Check with adults if anything seems unsafe**
- **Move away from possible problems**
- **Follow Stranger Safety rules**
- **Stay safe from hurtful words**
- **Use voice as a safety tool**
- **Set clear boundaries**
- **Make safety plans so outings are more fun**
- **Say “No” or “Stop” clearly and respectfully**
- **Deal with other kids poking, pushing, grabbing, etc.**
- **Use safety plans if you're lost in a store, park, or library**
- **Get help from busy adults - and persist!**



This tailored workshop is a service of



the nonprofit leader in “People Safety”  
skills education for all ages & abilities.

**To enroll** in this workshop, please contact Kidpower at (800) 467-6997 ext. 1# or email [safety@kidpower.org](mailto:safety@kidpower.org). This class will be taught by an experienced Instructor-Trainer, assisted by Instructors-in-Training. The \$55 fee for this workshop represents a \$5 reduction and includes a Kidpower Safety Plan Comic Book, regularly \$10. Partial scholarships and payment plans can be arranged.

**To learn more** about our educational materials and services, including this and other public workshops, or to learn more about arranging a workshop for your own group, visit [www.kidpower.org](http://www.kidpower.org).