kidpower®

Starting Strong Workshop
for kids ages 3-5 together
with their adults
Sunday, July 19th
9:00-9:50am
Palo Alto

Enjoy an introduction to People Safety Skills with your young child. Help your child learn how to handle a friend saying something mean, check first before touching something unsafe, move away from someone throwing sand or doing something else that could be hurtful, and get help from you effectively, even when you are busy. A few simple but powerful skills help kids notice, stop, and get help with potential safety problems like these and many others.

Through storytelling, puppets, and interactive role-plays, children 3-5 and their adults will be introduced to age-appropriate ways young people can:

- **Check first with adults if things seems unsafe**

- **Stop unwanted touch**

- **Be safe with hurtful words**

- **Set strong boundaries**

- **Use their voice as a safety tool**

- **Get help from busy adults**

- **Move out of reach of a potential problem**

- **Say 'No' or 'Stop' clearly and respectfully**

This workshop is appropriate for children 3-5 who:

* are comfortable in a group with other children

* are comfortable following directions from a teacher

* enjoy sitting for 10-15 minutes for interactive presentations, like a library story hour

Older siblings may also enroll, but the examples and stories will be geared to younger children

This tailored workshop is a service of

kidpower®

the nonprofit leader in "People Safety" skills education for all ages & abilities.

All public workshop sites are wheelchair accessible.

To enroll in this workshop, please contact Kidpower at (800) 467-6997 ext. 1# or email safety@kidpower.org. The $60 fee for this workshop represents our break-even cost and includes a Kidpower Safety Plan Comic Book, regularly $12. Partial scholarships and payment plans can be arranged.

To learn more about our educational materials and services, including this and other public workshops, or to learn more about arranging a workshop for your own group, visit www.kidpower.org.

www.kidpower.org   safety@kidpower.org   (800) 467-6997 ext. 1#   est. 1989