



Parent-Child Workshop for kids ages 5-8 Saturday, January 10 12:30-2:30pm Watsonville

In this active, upbeat workshop, families practice using “People Safety” skills in everyday life situations familiar to young children. People Safety skills help prevent problems with peers, family, and strangers. The skills can help kids feel safe and confident dealing with strangers and with people they know, too. People Safety skills also help strengthen important relationships by improving communication. This workshop will be led by an English/Spanish bilingual instructor reaching in both languages based on the needs of the group.

Using games, role-plays, and stories relevant to younger children, we’ll practice skills to:

- **Be and act aware and confident**
- **Check with adults if anything seems unsafe**
- **Move away from possible problems**
- **Follow Stranger Safety rules**
- **Stay safe from hurtful words**
- **Use voice as a safety tool**
- **Set clear boundaries**
- **Make safety plans so outings are more fun**
- **Say “No” or “Stop” clearly and respectfully**
- **Deal with other kids poking, pushing, grabbing, etc.**
- **Use safety plans if you’re lost in a store, park, or library**
- **Get help from busy adults - and persist!**



This tailored workshop is a service of



the nonprofit leader in “People Safety”
skills education for all ages & abilities.

To enroll in this workshop, please contact Kidpower at (800) 467-6997 ext. 1# or email safety@kidpower.org. This workshop is offered at the reduced cost of \$20 per child thanks to funding provided by the Monterey Peninsular Foundation and Rotary Club of Freedom, and includes a Kidpower Safety Plan Comic Book.

To learn more about our educational materials and services, including this and other public workshops, or to learn more about arranging a workshop for your own group, visit www.kidpower.org.