



# Starting Strong

for ages 3-5 with their adults

**With their adults, kids ages 3 to 5 learn powerful 'People Safety' skills through storytelling, puppets, & fun, interactive role plays!**



Experts worldwide recommend Kidpower for our age-appropriate, effective, & empowering approach to teaching child protection, positive communication, and interpersonal safety.

**Saturday  
November 3  
9am - 9:50am  
San Mateo**

Kidpower skills prepare adults and kids alike to develop healthy relationships and make safe choices with people including strangers, siblings, peers, and other people they know.



Open to the public until full. Space is limited; enrollment is required. To learn more or enroll, email [safety@kidpower.org](mailto:safety@kidpower.org) or call Kidpower at 800-467-6997 ext.0#. All public workshop sites are wheelchair accessible.



Your family will learn People Safety skills young children can use to notice, avoid, & get help with everyday safety problems, such as rough play or sand-throwing. We'll practice how to:

- **Be and act aware and confident**
- **Stay safe from hurtful words**
- **Get help from busy adults**
- **Check First with adults**
- **Stop unwanted touch**
- **Set strong boundaries**
- **Use voice as a safety tool**
- **Move away from possible trouble**

Kidpower Starting Strong is appropriate for children 3-5 years old who are comfortable in a group with other kids; who are comfortable following a teacher's directions; and who enjoy sitting for 10-15 minutes for interactive presentations like a library story hour.

Presented by Kidpower®, the global nonprofit leader in 'People Safety' Skills Education for all ages since 1989

